**SESSION NOTES FORM**

**1) What was the extent of the SO involvement in the session?**

**🗌 1- No SO involvement** (The SO did not make any contribution to the session)

**🗌 2-Some SO involvement** (The SO contributed to some items on the agenda that were agreed to at the beginning of the session)

**🗌 3-Extensive SO involvement** (The SO contributed to most or all items on the agenda that were agreed to at the beginning of the session)

**2) How helpful was the SO involvement in the session? (Respond to this question if the response to previous question is 2 or 3)**

**🗌 1-Very helpful** (The SO involvement helped by a) facilitating patient’s attendance at the session e.g. reminded patient of appointment, accompanied patient to appointment AND, b) initiating and/or facilitating most or all items on the agenda e.g. providing additional history during or subsequent to assessment, providing suggestions, helping in completing homework)

**🗌 2-Somewhat helpful** (The SO involvement helped by a) facilitating patient’s attendance at the session e.g. reminded patient of appointment, accompanied patient to appointment OR, b) initiating and/or facilitating at least some items on the agenda e.g. providing additional history during or subsequent to assessment, providing suggestions, helping in completing homework)

**🗌 3-Neither helpful nor unhelpful** (The SO involvement did not facilitate patient’s attendance at the session NOR initiated and/or facilitated any items on the agenda NOR disrupted the session)

**🗌 4-Somewhat unhelpful** (The SO involvement disrupted a part of the session because he/she did not give the patient a chance to speak, criticised the patient, undermined the patient’s efforts, interrupted the patient/counsellor)

**🗌 5-Very unhelpful** (The SO involvement disrupted most of the session because he/she did not give the patient a chance to speak, criticised the patient, undermined patient’s efforts, interrupted the patient/counsellor)

**END OF TREATMENT FORM**

**1) What was the extent of engagement of the SO in the overall treatment?**

**🗌 1- Did not attend any session**

**🗌 2- Attended less than half the sessions**

**🗌 3-Attended more than half the sessions**

**2) What was the quality of the engagement of the SO in the overall treatment?**

**🗌 1 –Negative**

**🗌 2 – Neutral**

**🗌 3- Positive**