



Trial ID :

Patient Status : Existing Re-entered

Date: _____

Session Number: _____

Session duration (minutes): _____

Session Type: HV Clinic Tel

Homework : Done Partially Done Not Done NA

SESSION NOTES



SESSION NOTES



Overall drinking status for follow up sessions	<input type="checkbox"/> Stopped <input type="checkbox"/> Reduced <input type="checkbox"/> No change <input type="checkbox"/> Increased
Drinking Goal	<input type="checkbox"/> Controlled Drinking <input type="checkbox"/> Abstinence
Homework Given	
Challenges (related to social problems, treatment engagement, homework)	How did you handle it
Referrals, if any:	
Next Appointment date: _____ Time: _____	
Place:	<input type="checkbox"/> Home <input type="checkbox"/> PHC <input type="checkbox"/> Telephone
Was the SO present for the session: NO <input type="checkbox"/> YES <input type="checkbox"/>	
If yes, in which part of the treatment was the SO involved?	
<input type="checkbox"/> Setting the agenda	<input type="checkbox"/> Reviewing homework
<input type="checkbox"/> Assessment of drinking	<input type="checkbox"/> Planning homework
<input type="checkbox"/> Developing a change plan	<input type="checkbox"/> Any other (Please specify) _____
<input type="checkbox"/> Reviewing progress since the last session	_____
Remarks:	
Counsellor's signature:	



Trial ID :

Complete this check-list at the end of each session

SESSION 1

- | | |
|---|---|
| <input type="checkbox"/> Introduction | <input type="checkbox"/> Drinking goals |
| <input type="checkbox"/> Keeping things private | <input type="checkbox"/> Developing motivation for change |
| <input type="checkbox"/> Setting session plan | <input type="checkbox"/> Change Plan Worksheet |
| <input type="checkbox"/> Get to know patient | <input type="checkbox"/> Involvement of person close to the patient |
| <input type="checkbox"/> Introduce CAP | <input type="checkbox"/> Planning for emergencies |
| <input type="checkbox"/> AUDIT based Assessment | <input type="checkbox"/> Overcoming challenges |
| <input type="checkbox"/> Personalized Feedback | <input type="checkbox"/> Summarising |
| <input type="checkbox"/> Reasons and impact | <input type="checkbox"/> Setting next appointment date. |
| <input type="checkbox"/> Previous attempts | |

SESSION 1 (abbreviated):

- | | |
|---|---|
| <input type="checkbox"/> Introducing yourself | <input type="checkbox"/> Explaining about what we didn't have time to talk about (Give patient booklet) |
| <input type="checkbox"/> Providing a brief description of the counselling | <input type="checkbox"/> Setting next session date |
| <input type="checkbox"/> Brief Personalised feedback based on AUDIT | <input type="checkbox"/> Completing documentation |

SESSION 2

- | | |
|---|---|
| <input type="checkbox"/> Review progress | <input type="checkbox"/> Handling Emotions |
| <input type="checkbox"/> Setting session plan | <input type="checkbox"/> Handling cravings and drinking urges |
| <input type="checkbox"/> Work on target behaviour | <input type="checkbox"/> Planning for emergencies |
| <input type="checkbox"/> Review homework | <input type="checkbox"/> Plan for HW |
| <input type="checkbox"/> Problem solving | <input type="checkbox"/> Summarising |
| <input type="checkbox"/> Drink refusal skills | <input type="checkbox"/> Setting next appointment date |

SESSION 3 to SESSION 4

- | | |
|---|---|
| <input type="checkbox"/> Review progress | <input type="checkbox"/> Handling cravings and drinking urges |
| <input type="checkbox"/> Setting session plan | <input type="checkbox"/> Lapse and relapse prevention |
| <input type="checkbox"/> Review homework | <input type="checkbox"/> Summary of all skills learnt & clarify information that is not clear |
| <input type="checkbox"/> Work on target Behaviour | |
| <input type="checkbox"/> Drink refusal skills | <input type="checkbox"/> Prepare patient to use the skills across life situations |
| <input type="checkbox"/> Handling emotions | |
| <input type="checkbox"/> Problem solving | <input type="checkbox"/> Summarising |
| | <input type="checkbox"/> Setting next appointment date (Session 3 only) |